

[S2 - 6] LONDON'S HISTORICAL HERITAGE

- Jan 17 Woodland Cemetery in the era of Confederation - MacKenzie Brash, Public History MA candidate, Western University
- Jan 24 Art, Artists and Art Galleries in London's Intellectual Development - Vanessa Brown, author, antiquarian bookseller and local historian
- Jan 31 Heritage General Stores in this region - Ron Walker, avid historian of Middlesex County
- Feb 07 Geranium Heritage House Tour - Sylvia Chodas, Architectural Conservancy Ontario, London Region
- Feb 14 The Women, a Bishop and a Princess: A Story Found in Boxes - Debra Majer, archivist for the Diocese of London and others
- Feb 21 Top Secret: London's Hidden Radar History - Maya Hirschman, curator, The Secrets of Radar Museum
- Feb 28 The Methodist Roots of Metropolitan United Church - Arthur McClelland, librarian of the Ivey Family London Room, Main Library
- Mar 07 Not Moving Aside: The Role of Women in 1812 (the vital role of women during the one and only war between Canada and the US from 1812-14) - Sheila Johnson, curator of Backus Heritage Village

Conveners: Marilyn McRorie, Heather Keast, Garth and Anne Kidd Location: Met Hall

[S2 - 7] TIME-OUT "FINANCE 101"
(See also Session S1-3)

- Jan 17 The case for Active Management
- Jan 24 The pros and cons of ETF's (Exchange Traded Funds)
- Jan 31 Value Investing in growth companies. (presented by Malcom King, Edgepoint Wealth Management)
- Feb 07 The case for REIT's (Real Estate Income Trusts)
- Feb 14 Executor Primer
- Feb 21 Generational Wealth Transfers. (presented by Sarah Betz, Manulife and Leisha Erdelac, Hollis Insurance)
- Feb 28 Responsible Investing. (presented by Daniel Han, NEI Investments)
- Mar 07 The case for working with an advisor

Convener: Rob Innes, HBA (Ivey), JD (UWO), CA, CFP, CIM, CPA Location: Conference Room



REGISTRATION

Registration will take place at the REGISTRATION COFFEE PARTY to be held at the Church on Wednesday, January 10, 2018 from 9:15 to 10:30 a.m. on a first come, first served basis. Early arrivals will be seated in the Sanctuary.

Choose one class from "Session 1" - (S1's) and one class from "Session 2" - (S2's)

PLEASE NOTE: AS A COURTESY TO OUR PRESENTERS, WE ASK THAT YOU DO NOT SWITCH CLASSES FROM WEEK TO WEEK. IN ADDITION, WOULD YOU PLEASE REFRAIN FROM LEAVING ANY SESSION UNTIL THE SPEAKERS HAVE COMPLETED THEIR PRESENTATION. THANK YOU.

Registration in ALL classes is limited to maintain their effectiveness.

Classes with insufficient registration may be cancelled.

Anyone who is unable to attend Registration may be registered by a friend. Late registration will take place during the first two weeks of Time Out. However, selections could be limited as many of the courses will be filled.

COMMITTEE FOR TIME OUT 2018

- Co-Conveners Sharon Whatford and Jo-Anne Smith
- Secretary Jo-Anne Smith
- Treasurer Inga Slade
- Registrars Art Frankel and Anita Martindale
- Hospitality Jo-Anne Smith, Betty Taylor and Jim Desand
- Program Design and Preparation Art Frankel

468 Wellington St., London, Ontario N6A 3P8
Tel: 519 432-7189

45th ANNUAL

TIME OUT 2018
8 WEEKS JANUARY 17 TO MARCH 7
9:15 A.M. TO 11:45 A.M.



Registration Coffee Party
Wednesday, January 10, 2018
9:15 a.m. to 10:30 a.m.

Now in its 45th year, Time Out has been a vital Outreach Programme that Metropolitan has faithfully planned each year. Our desire is to serve, share, and enjoy the fellowship of one another. Our church members welcome your participation with us, our friends and church neighbours.

The variety of programmes offered has been thoughtfully designed to cover a broad area of topics. Your challenge will be in selecting two Sessions to fit your special needs.

All our venues are wheelchair accessible.

Good luck and God Bless

To attend any of the Time Out Sessions one must REGISTER at a total cost of \$30.00
LIFE IS GREAT. LET'S ENJOY EACH DAY.

PROGRAMME: FIRST SESSION 9:15 - 10:15

Choose only ONE of the following for all 8 weeks.

[S1 - 1] MUSIC

Entertainment / Education. Come Listen and Learn! Let your spirits soar!

- Jan 17 UWOpera presents Gilbert and Sullivan - Professor Theodore Baerg and students of U.W.O.'s opera program
- Jan 24 Reverend Matthew Martin Sings Elvis - Rev. Matthew Martin, Holy Trinity Anglican Church, Lucan, ON
- Jan 31 Organ Favourites and Guest Saxophonist - Paul Merritt with Guest George Laidlaw
- Feb 07 Songs of Scotland and Ireland - Angus Sinclair with Barbara Gracey
- Feb 14 A Swinging Valentine's Day - Nigel Evans and the Sir Frederick Banting Secondary School Senior Jazz Band
- Feb 21 The Clarks in Concert - Don, Lorraine and Katy Clark
- Feb 28 Two Sisters, Four Hands and piano - Mary Lou Francis and Connie Newland
- Mar 07 A Journey Through the Celtic Twilight - Jennifer White, harp and Robert McMaster, percussion

Convener: Joan Turner

Location: Sanctuary

[S1 - 2] POTPOURRI - A smorgasbord of historical and current issues

- Jan 17 The Truth Will Set You Free. Based on Lillian Fleming's new book, "A Separate Branch" - Lillian Fleming
- Jan 24 Nutrition for Older Adults - Carol Morgan, BSc. RD
- Jan 31 Identity Theft - A representative from Community Legal Services at Western Law
- Feb 07 Moolala: Why smart people do dumb things with their money (and what you can do about it) - Bruce Sellery, Personal Finance Expert, Speaker and Author of Moolala
- Feb 14 1914-1918: A Very Different Centennial - Rick Wood
- Feb 21 Estate Planning and Administration: A Trust Officer's shared experiences, ideas and solutions for Ontario Seniors - Steven Knox, CFP, TEP, Estate and Attorney Services
- Feb 28 Ronald McDonald House: Giving sick children what they need most- their families - Mike Barrett, Past President of the Board of Directors, Ronald McDonald House.
- Mar 07 My Life as a Mouth and Foot Painting Artist - Susie Matthias, mouth painter

Conveners: Sharon Whatford, Chris MacKay
and Art Frankel

Location: Met Hall

[S1 - 3] TIME-OUT "FINANCE 101" (See also Session S2-7)

- Jan 17 The case for Active Management
- Jan 24 The pros and cons of ETF's (Exchange Traded Funds)
- Jan 31 Dividend Income for life. (presented by Dr. John Schmitz, PhD, CFA)
- Feb 07 The case for REIT's (Real Estate Income Trusts)
- Feb 14 Executor Primer
- Feb 21 Generational Wealth Transfers. (presented by Sarah Betz, Manulife and Leisha Erdelac, Hollis Insurance))
- Feb 28 Responsible Investing. (presented by Mike Nixon, IA Clarington funds)
- Mar 07 The case for working with an advisor
- Convener: Rob Innes, HBA (Ivey), Location: Conference Room
JD (UWO), CA, CFP, CIM, CPA

MID SESSION BREAK 10:15 - 10:45

Join your TIME-OUT friends in the Vineyard (formerly the GYM) for fellowship, coffee, tea, conversation and an occasional inspirational message.



PROGRAMME: SECOND SESSION 10:45 - 11:45

Choose only ONE of the following for all 8 weeks.

[S2 - 4] ARMCHAIR TRAVEL

- Jan 17 Mongolia: Past, Present and Personal - Elizabeth Bright-See
- Jan 24 El Camino, Southern France and Northern Europe - Wayne Smith
- Jan 31 Norway and Estonia - Paul Herbert
- Feb 07 Vietnam, Laos and Cambodia - John and Viola Weil
- Feb 14 North to Alaska: Cruising to Glacier Bay and back to Vancouver Island - Marj Frankel
- Feb 21 Nepal and Tibet - Jane Vincent-Havelka
- Feb 28 A Taste of France - Nancy Evans
- Mar 07 Afghanistan - Gina Gillespie

Conveners: Viola and John Weil, Sharon Riley

Location: Sanctuary

[S2 - 5] GREAT BOOKS – LIVES WELL LIVED

“The secret of living well is not in having all the answers, but in pursuing unanswerable questions in good company” - Remen

- Jan 17 Samuel Taylor Coleridge “Coleridge: Darker Reflections” by Richard Holmes - Mark Richardson, librarian, London Public Library “
- Jan 24 Garth Stein “A Sudden Light” - Delilah Deane Cummings, retired librarian
- Jan 31 “Three Artists: William Kurelek, Jack Chambers and Greg Curnoe” by Herman Goodden - Herman Goodden, author and journalist
- Feb 07 Thomas Hardy as seen in his poetry and in “Thomas Hardy: The Time-torn Man” by Claire Tomalin - Bill Exley, retired High School English teacher
- Feb 14 Thoreau - “Walden” by Henry David Thoreau - Brian Diemert, professor of English, Brescia College
- Feb 21 “A Man Called Ove” by Fredrik Backman - Jan Thielenhaus, retired elementary school teacher
- Feb 28 “Dance on the Earth: A Memoir” by Margaret Laurence - Peter Wroe, retired High School English teacher
- Mar 07 Rosamunde Pilcher: Her life and work. A selection. - Ruth Hay, retired elementary school teacher

Conveners: Barbara Graham and Aurelia Stoksik

Location: Parlour